FOREWORD

The practitioner's lifelong professional practice of medicine and dentistry is underpinned by Continuing Professional Development (CPD). The practice of medicine and dentistry is characterized by constantly changing disease patterns, management approaches and advances in technology. Therefore, medical and dental practitioners have a responsibility to continually upgrade their knowledge and skills in order to provide quality and optimum health care to their patients. It is mandatory under CAP 253, Laws of Kenya (CPD rules, 2009) for every medical and dental practitioner to comply with CPD requirements in order to be retained in the register.

These guidelines outline professional development activities which enhance the competencies of doctors in their clinical skills, management, teaching, mentoring, research and the importance of ethical practice. The guidelines also seek to standardize the provision and uptake of CPD activities.

CPD is a quality assurance mechanism that the Medical Practitioners and Dentists Board has instituted to ensure that practitioners maintain their fitness to practice. Further, individual and collective commitment to CPD by practitioners and providers will help reduce cases of professional malpractice, build public confidence in our health care system and enhance the standing of the profession.

The CPD guidelines is anchored on a foundation of trust that health professionals facilitated by accredited CPD providers will commit to meeting the requirements for continuing education whose benefits cannot be over-emphasized.



PROF. GEORGE A. O. MAGOHA, EBS. MBS.
CHAIRMAN
MEDICAL PRACTITIONERS AND DENTISTS BOARD